

Hot Special

Sweet & Sour Tofu w. Curried Veg & Basmati Rice (GF) - \$14

Side Salads

Spicy Brown Rice Pasta (GF)

Jersey Fresh Kale-Quinoa (GF)

NJ Bombay Sweet Potato (GF)

Half Pint - \$4.50

Soup of the Day

Slightly Spicy Coconut Curry

Cup \$3.75 / Bowl \$5.50 / Pint \$7



Best Wraps in the World

all include jersey fresh spring mix, red cabbage, carrots, cucumbers, tomatoes, choice of dressing

Magical Miso Seasonal Hummus

Slightly Spicy Black Bean Burger

Organic Blazin' Buffalo Tofu

Juicy Sausagey Seitan (contains gluten)

Roasted NJ Sweet Potatoes, Peppers, Potatoes, & Celery

Large Organic Whole Wheat - \$10

Smaller Gluten-Free Coconut - \$9

Desserts

Peanut Butter Power Bar (GF) - \$2.75

Cookie - \$2.75

Cupcake - \$4.25

Pie - \$6.50

Cheesecake (GF) - \$7

Signature Salads

Garden Veggies: jersey fresh spring mix, red cabbage, carrots, cucumbers, tomatoes, choice of dressing

Cranberry-Almond "Honey" Mustard: garden veggies plus dried sweetened cranberries, sliced almonds, organic quinoa

Rockin' Ranch Power: garden veggies plus homemade tvp bac'n bits, beans, and sunflower seeds

Seasonal Roasted Vegetable Satisfaction: garden veggies plus jersey fresh sweet potatoes, peppers, potatoes, celery + sunflower

Small \$7 / Medium \$9 / Large \$11

Organic Smoothies

all: organic bananas; soy, coconut, almond, or orange base; organic agave

Tropical Thunder – Organic Strawberry, Mango, Pineapple

Triple Berry Bliss – Organic Raspberries, Blackberries, Strawberries

Chocolate Peanut Butter – Organic Peanut Butter, Chocolate Almond Milk

Cherry Blast – Organic Cherries, Carrots, Orange Juice

Green – Organic Spinach & Kale, Local Apples, Cinnamon

16 oz \$7.50

Other Beverages: Bottled Water \$1.25, Hot Tea \$1.75, Chocolate Milk \$2.25, Hot Coffee \$2.25, Bottled Beverages \$3.25, Iced Coffee \$3.75, Nitro Cold Brew \$4.25, Local Kombucha \$5.50

Dressing Choices

Agave-Sweetened "Hunny" Mustard

Herbelicious Ranch

Garlic Aioli

Sriracha Mayo

Chipotle Mayo

Extra \$1.25