



Today's

MENU

Thursday, June 6

HOT SOUP

cup 3.25 / bowl 4.50 / pint 6

Freebird Soup w. TVP, Collards, Potatoes, Carrots, and Celery!

SPECTACULAR SIDES

Brown Rice Pesto Pasta Side Salad (GF)

3.50

HOT SPECIAL

Cashew Mac 'n Cheese w. Almond Parmesan (GF)

cup 4 / bowl 6 / pint 8

SIGNATURE SALADS

Rockin' Ranch

8

Cranberry-Almond "Honey" Mustard

8

Roasted Jersey Fresh Asparagus

9

WRAPS (Organic Wheat or GF Coconut)

Sundried Tomato-Garlic Hummus

8

Roasted Jersey Fresh Asparagus

9

Classic Black Bean Burger

9

Blazin' Buffalo Tofu

9

Kindly Curried Seitan

9

HAPPY ENDINGS & MORE

Assorted Cookies

2.00

Strawberry n' Cream Popsicle

2.00

Peanut Butter Power Bar (GF)

2.25

Chocolate/PB Bites (GF)

3.25

Assorted Cupcakes (GF)

3.50

Colossal Cookie Sammich

4.50

Chocolate-PB Cup Pie (GF)

5.50

Pistachio Cheesecake (GF)

5.50

Pineapple & Cream Parfait

6.00

PB Doggie Treats (GF)

3.00

Organic Smoothies

6.75

Bottled Spring Water \$1 ~ Assorted Hot Tea \$1.50 ~ Organic Fair Trade Hot Coffee ~ \$2 Homemade Kombucha \$5

Chocolate Silk \$2 ~ Izze \$2 ~ Root Beer \$2 ~ Various Caffeine-Free Herbal Iced Teas \$2.50 ~ Iced Coffee \$3

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