



Today's

MENU

Wednesday, May 15

HOT SOUP

cup 3.25 / bowl 4.50 / pint 6

Country Vegetable Stew w. Carrots, Potatoes, Tomatoes, Asparagus, & Lentils

SPECTACULAR SIDES

Spicy Brown Rice Pasta Side Salad (GF) 3.50

HOT SPECIAL

Breakfast Quesadilla w. Hash Browns, Tofu Scramble, Tempeh Bac'n 10

SIGNATURE SALADS

Rockin' Ranch

Cranberry-Almond "Honey" Mustard

Roasted Potatoes and Asparagus

WRAPS (Organic Wheat or GF Coconut)

Sundried Tomato Hummus

Roasted Potatoes and Asparagus

Roasted Garlic & Asparagus Bean Burger

Blazin' Buffalo Tofu

Spicy Sausage Seitan

HAPPY ENDINGS & MORE

8 Assorted Cookies 2.00

8 Pina Colada Popsicle 2.00

9 Peanut Butter Power Bar (GF) 2.25

Chocolate/PB Bites (GF) 3.25

Chocolate/Vanilla Cupcake 3.50

8 Lemon Cupcake/Vanilla 3.50

9 Filled Cupcake (GF) 3.75

9 Joyous Almond Cheesecake (GF) 5.50

9 Pistachio Cheesecake (GF) 5.50

PB Doggie Treats (GF) 3.00

Organic Smoothies 6.75

Bottled Spring Water \$1 ~ Assorted Hot Tea \$1.50 ~ Organic Fair Trade Hot Coffee \$2

Chocolate Silk \$2 ~ Izze \$2 ~ Root Beer \$2 ~ Various Caffeine-Free Herbal Iced Teas \$2.50 ~ Iced Coffee \$3

Homemade Kombucha \$5

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