



Today's

MENU

Tuesday April 3, 2018

HOT SOUP

Sweet Potato Lentil w. Spinach, Kale, Corn, Peas, & Onions

cup 2.75 / bowl 4 / pint 5

SPECTACULAR SIDES

Roasted Sweet Potato Salad

3.50

TAKE & BAKE

Lasagna or GF Baked Ziti

7.50

SUPER SALADS

Rockin' Ranch

8

Cranberry-Almond "Honey" Mustard

8

Roasted Veggie Medley

9

WRAPS (Organic Wheat or GF Coconut)

Sundried Tomato Hummus

8

Roasted Veggie Medley

9

Red Bean-Chickpea Burger

9

Fire Mushroom Seitan

9

Blazin' Buffalo Tofu

9

HAPPY ENDINGS & MORE

Chocolate Chip Cookie

1.50

Peanut Butter Power Bar (GF)

2.25

Banana-Oat Muffin (GF)

2.25

Vanilla Cupcake

w. Vanilla or Chocolate-

Hazelnut Buttercream

3.50

Colossal Cookie Sammich

4.50

Organic Smoothie (GF)

6.75

PB Doggie Treats (GF)

3

Homemade Soap

5

Gluten-Free Bagels (4pk)

7.50

Bottled Spring Water \$1 ~ Assorted Hot Tea \$1.50 ~ Organic Fair Trade Hot Coffee \$2
 Chocolate Silk \$2 ~ Izze \$2 ~ Cider \$2 ~ Wildberry or Tangerine-Orange Herbal Iced Tea \$2.50 ~ Iced Coffee \$3
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