



Today's

MENU

Thursday, March 14

HOT SOUP

Potato-Butternut Orange Pepper Pleasure Soup

cup 2.75 / bowl 4 / pint 5

GRAB AND GO

Spicy Brown Rice Pasta Side Salad

3.50

Quinoa Veggie Side Salad w. Balsamic Vinaigrette

4 small / 6 lg

HOT SPECIAL

Hawaiian BBQ Quinoa Chickpea Buddha Bowl w. Pineapple, Kale, & Tempeh 10

SIGNATURE SALADS

Rockin' Ranch

Cranberry-Almond "Honey" Mustard

Roasted Organic Russet Potatoes

WRAPS (Organic Wheat or GF Coconut)

Glorious Garlic Lemon Hummus

Roasted Organic Russet Potatoes

White Bean & Plantain Power Burger

Blazin' Buffalo Tofu

Pepper Party Seitan

HAPPY ENDINGS & MORE

8 Chocolate Chip Cookie 2.00

8 Peanut Butter Power Bar (GF) 2.25

9 Gingerbread Cupcake 3.50

Carrot Cake Cupcake 3.50

Chocolate/Vanilla Cupcake 3.50

8 Colossal Cookie Sammich 4.50

9 Tiramisu Tower Parfait 6

9 PB Doggie Treats (GF) 3.00

9 Organic Smoothies 6.75

Bottled Spring Water \$1 ~ Assorted Hot Tea \$1.50 ~ Organic Fair Trade Hot Coffee \$2

Chocolate Silk \$2 ~ Izze \$2 ~ Root Beer \$2 ~ Various Caffeine-Free Herbal Iced Teas \$2.50 ~ Iced Coffee \$3

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