



Today's ****TAKE OUT/DELIVERY****

MENU

Wednesday, November 18

HOT SOUP

Steakhouse Style NJ White Sweet Potato, Broccoli, Zucchini, Pepper, & Onion

cup 3.25 / bowl 4.50 / pint 6

HOT SPECIAL

Roasted Veggie Cashew Cheezy Quesadilla w. Fresh Salsa & Cilantro Tahini 12

SIGNATURE SALADS

Rockin' Ranch

Cranberry-Almond "Honey" Mustard

Roasted Jersey Organic Winter Squash

WRAPS (Organic Wheat or GF Coconut)

Black Bean-Chickpea Lime-Dill Hummus

Roasted Jersey Organic Winter Squash

Black Bean & Winter Squash Burger

Blazin' Buffalo Tofu

Cumin-Paprika Seitan

HAPPY ENDINGS & MORE

9 Choco-PB Cup 2.00

9 Cowboy Cookie 2.25

9 Peanut Butter Power Bar (GF) 2.25

Banana-Oat Square 3.25

9 Pumpkin-Oat Square (GF) 3.50

9 Chia-Date Square (GF) 3.75

9 Chia-Pudding (GF) 4.00

9 Cheesecake (GF) 6.00

9 Assorted Parfaits (GF) 6.00

Organic Smoothies 6.75

4.5lb Vegan Dog Food 18

30lb Vegan Dog Food 65

Bottled Spring Water \$1 ~ Assorted Hot Tea \$1.50 ~ Organic Fair Trade Hot Coffee ~ \$2 Homemade Kombucha \$5
Chocolate Milk \$2 ~ Izze \$2 ~ Root Beer \$2 ~ Various Herbal Iced Teas \$2.50 ~ Iced Coffee \$3 ~ Cold Brew Coffee \$4

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