



Today's

# MENU

Tuesday, October 9

## HOT SOUP

Butternut-Lentil-Tomato Sunrise Soup

cup 2.75 / bowl 4 / pint 5

## SPECTACULAR SIDES

Spicy Brown Rice Pasta Side Salad

3.50

Creamy Curried Cran-Walnut Jersey Fresh Sweet Potato Side Salad

3.50

## SIGNATURE SALADS

Rockin' Ranch

Cranberry-Almond "Honey" Mustard

Roasted Jersey Fresh Veggies

**WRAPS** (Organic Wheat or GF Coconut)

Kidney Thyme Hummus

Roasted Jersey Fresh Vegetables

Jersey Fresh Oyster Mushroom Burger

Apple Fennel Seitan

Blazin' Buffalo Tofu

## HAPPY ENDINGS & MORE

8 Chocolate Chip Cookie (GF) 1.50

8 Peanut Butter Power Bar (GF) 2.25

9 Chickpea Cookie Dough (GF) 3.50

Chocolate/Vanilla Cupcake 3.50

Peach Filled Cupcake 3.75

8 Cookie Pie (GF) 4.50

9 Cinnamon-Apple Cheesecake (GF) 5.50

9 Vanilla Cheesecake (GF) 5.50

9 Pumpkin Spice Cheesecake (GF) 5.50

Organic Smoothies 6.75

Bottled Spring Water \$1 ~ Assorted Hot Tea \$1.50 ~ Organic Fair Trade Hot Coffee \$2  
Chocolate Silk \$2 ~ Izze \$2 ~ Root Beer \$2 ~ Various Caffeine-Free Herbal Iced Teas \$2.50 ~ Iced Coffee \$3  
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