



Today's

# MENU

Monday, October 21

## HOT SOUP

cup 3.25 / bowl 4.50 / pint 6

Triple Lentil-Lime-Coconut Smolder Soup w. Peppers, Carrots, Onions, Celery

## SPECTACULAR SIDES

Chk'n Safe Side Salad (GF) 3.50

## HOT SPECIAL

3 Cruncy Hardshell Tacos w. Cheesy Sauce & Collard-Cabbage Slaw (GF) 12

## SIGNATURE SALADS

Rockin' Ranch

Cranberry-Almond "Honey" Mustard

Roasted White Sweet Potatoes

## WRAPS (Organic Wheat or GF Coconut)

Golden White Bean Hummus

Roasted White Sweet Potatoes

Red Rice & Beans Burger

Blazin' Buffalo Tofu

Juicy Pepper Seitan

## HAPPY ENDINGS & MORE

8 Assorted Cookies 2.00

8 Brown Rice Crispy Treat (GF) 2.00

9 Peanut Butter Power Bar (GF) 2.25

Choco-PB Bites (GF) 3.50

Toasted Coconut Cupcake 3.50

9 Chia-Date Bar (GF) 3.75

9 Triple Chocolate Cupcake (GF) 3.75

9 Organic Smoothies 6.75

9 30lb Vegan Dog Food 65.00

Bottled Spring Water \$1 ~ Assorted Hot Tea \$1.50 ~ Organic Fair Trade Hot Coffee ~ \$2 Homemade Kombucha \$5

Chocolate Silk \$2 ~ Izze \$2 ~ Root Beer \$2 ~ Various Caffeine-Free Herbal Iced Teas \$2.50 ~ Iced Coffee \$3

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