



Today's ****TAKE OUT/DELIVERY****

MENU

3rd Friday, October 16

HOT SOUP

cup 3.25 / bowl 4.50 / pint 6

Coconut Curried Vegetable Soup w. NJ Sweet Potatoes, Peppers, & Onions

SPECTACULAR SIDES

Spicy Brown Rice Pasta Side Salad (GF) **3.50**

HOT SPECIAL

Kindly Carribean Platter w. Potato-Lentil Pastry, Spanish Rice, Side Salad **12**

SIGNATURE SALADS

Rockin' Ranch

Cranberry-Almond "Honey" Mustard

Roasted NJ Organic Sweet Potatoes

WRAPS (Organic Wheat or GF Coconut)

Black Bean-Garlic Hummus

Roasted NJ Organic Sweet Potatoes

Sweet Heat Chickpea Burger

Blazin' Buffalo Tofu

Chili-Charmed Seitan

HAPPY ENDINGS & MORE

9 Assorted Cookies **2.25**

9 Peanut Butter Power Bar (GF) **2.25**

9 Assorted Cupcakes **3.75**

Apple or Pumpkin Pie **5.50**

9 Assorted Cheesecakes (GF) **6.00**

9 Assorted Parfaits **6.00**

9 Organic Smoothies **6.75**

9 4.5lb Vegan Dog Food **18**

9 30lb Vegan Dog Food **65**

Bottled Spring Water \$1 ~ Assorted Hot Tea \$1.50 ~ Organic Fair Trade Hot Coffee ~ \$2 Homemade Kombucha \$5
Chocolate Milk \$2 ~ Izze \$2 ~ Root Beer \$2 ~ Various Herbal Iced Teas \$2.50 ~ Iced Coffee \$3 ~ Cold Brew Coffee \$4

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