



Today's ****TAKE OUT/DELIVERY****

MENU

Monday, October 11

HOT SOUP

cup 3.50 / bowl 5 / pint 6.50

Hearty Green Lentil & Potato Soup w. Peppers, Green Beans, & Zucchini

SPECTACULAR SIDES

Spicy Organic Brown Rice Pasta Side Salad (GF) 4

Jersey Fresh Organic Sweet Potato-Cashew Side Salad (GF) 4

SIGNATURE SALADS

Rockin' Ranch

Cranberry-Almond "Honey" Mustard

Roasted Jersey Fresh Summer Squash

WRAPS (Organic Wheat or GF Coconut)

Black Bean Chili-Lime Hummus

Roasted Jersey Fresh Summer Squash

Bodacious Black Bean Burger

Blazin' Buffalo Tofu

Smoked Paprika & Rosemary Seitan

HAPPY ENDINGS & MORE

9 Assorted Cookies 2.50

9 Peanut Butter Power Bar (GF) 2.50

9 Assorted Cupcakes (GF) 4.00

Chia-Date Bites (GF) 4.25

9 Assorted Parfaits 6.50

9 Assorted Cheesecake (GF) 6.75

9 Organic Smoothies 6.75

9 Locally Roasted Coffee (bag) 14.99

9 30lb V-Dog 65

Bottled Spring Water \$1 ~ Assorted Hot Tea \$1.50 ~ Organic Hot Coffee \$2 ~ Chocolate Milk \$2 ~ Izze \$2
Virgil's Root Beer \$2.50 ~ Herbal Iced Tea \$2.50 ~ Iced Coffee \$3 ~ Nitro Coffee \$4.50 ~ Local Kombucha \$5.50

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