



Today's

MENU

Monday, January 7

HOT SOUP

Veggie Lentil w. Peppers, Carrots, and Cabbage

cup 2.75 / bowl 4 / pint 5

SPECTACULAR SIDES

Spicy Brown Rice Pasta Side Salad (GF) 3.50

Lemon-Orange-Tahini Dressed Quinoa & Sesame Kale Yeah Salad (GF) 3.50

Herby Kale-Tomato-Black Bean & Onion Tofu Scramble (GF) 6.50

HOT SPECIAL

TVP, Black Bean, & Rice Quesadilla w. Chunky Tomato Salsa & Sour Cream 10

SIGNATURE SALADS

Rockin' Ranch 8

Cranberry-Almond "Honey" Mustard 8

Roasted Sweet Potatoes & Butternuts 9

WRAPS (Organic Wheat or GF Coconut)

Garlic-Lemon Chickpea Hummus 8

Roasted Jersey Fresh Sweet Potatoes 9

Classic Black Bean Burger 9

Apple-Fennel Seitan 9

Blazin' Buffalo Tofu 9

Baked Falafel 9

HAPPY ENDINGS & MORE

Assorted Cookies 1.50

Peanut Butter Power Bar (GF) 2.25

Brown Rice Crispy Treat (GF) 2.25

Colossal Cookie Sammich 4.50

Mocha Mousse Pie (GF) 5.50

Peanut Butter Cheesecake (GF) 5.50

Pecan Cheesecake (GF) 5.50

Lemon Zest Cheesecake (GF) 5.50

Pecan Cheesecake (GF) 5.50

Organic Smoothies 6.75

Bottled Spring Water \$1 ~ Assorted Hot Tea \$1.50 ~ Organic Fair Trade Hot Coffee \$2

Chocolate Silk \$2 ~ Izze \$2 ~ Root Beer \$2 ~ Various Caffeine-Free Herbal Iced Teas \$2.50 ~ Iced Coffee \$3

501 N. High Street, Millville NJ ~ 856-265-7955 ~ eatpeace@wildflowervegan.com