



Today's ****TAKE OUT/DELIVERY****

MENU

Monday, January 11

HOT SOUP

cup 3.25 / bowl 4.50 / pint 6

Cabbage & Potato Soup w. Carrots, Onions, Garlic, Rosemary, Oregano, Thyme

HOT SPECIAL

Roasted Vegetable Quesadilla w. Fresh Salsa & Parsley-Cashew Cream **\$12**

SPECTACULAR SIDES / GRAB AND GO

Spicy Brown Rice Pasta Side Salad (GF) **\$3.50**

SIGNATURE SALADS

Rockin' Ranch

Cranberry-Almond "Honey" Mustard

Roasted Jersey Fresh Sweet Potatoes

WRAPS (Organic Wheat or GF Coconut)

Lemon Black Bean Hummus

Roasted Jersey Fresh Sweet Potatoes

White Bean-Beet Burger

Fennel-Paprika Seitan

HAPPY ENDINGS & MORE

9 Assorted Cookies **2.25**

9 Peanut Butter Power Bar (GF) **2.25**

9 Carrot Muffin **2.50**

Chocolate-Walnut Brownie **3.25**

9 Assorted Cupcakes **3.50**

9 Chia-Date Bar (GF) **3.75**

9 Assorted Cheesecake (GF) **6.00**

9 Organic Smoothies **6.75**

4.5lb Vegan Dog Food **18**

30lb Vegan Dog Food **65**

Bottled Spring Water \$1 ~ Assorted Hot Tea \$1.50 ~ Organic Hot Coffee ~ Chocolate Milk \$2
Sparkling Cider \$2 ~ Izze \$2 ~ Root Beer \$2 ~ Herbal Iced Tea \$2.50 ~ Iced Coffee \$3 ~ Cold Brew Coffee \$4

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